

REMARKS ON CURVATURE BEHAVIOR AT THE FIRST SINGULAR TIME OF THE RICCI FLOW

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ABSTRACT. In this paper, we study curvature behavior at the first singular time of solution to the Ricci flow on a smooth, compact n -dimensional Riemannian manifold M , $\frac{\partial}{\partial t}g_{ij} = -2R_{ij}$ for $t \in [0, T)$. If the flow has uniformly bounded scalar curvature and develops Type I singularities at T , using Perelman's \mathcal{W} -functional, we show that suitable blow-ups of our evolving metrics converge in the pointed Cheeger-Gromov sense to a Gaussian shrinker. If the flow has uniformly bounded scalar curvature and develops Type II singularities at T , we show that suitable scalings of the potential functions in Perelman's entropy functional converge to a positive constant on a complete, Ricci flat manifold. We also show that if the scalar curvature is uniformly bounded along the flow in certain integral sense then the flow either develops a type II singularity at T or it can be smoothly extended past time T .

1. INTRODUCTION

1.1. The Ricci flow and previous results. Let M be a smooth, compact n -dimensional Riemannian manifold without boundary and equipped with a smooth Riemannian metric g_0 ($n \geq 3$). Let $g(t)$ ($0 \leq t < T$) be a one-parameter family of metrics on M . The Ricci flow equation on M with initial metric g_0

$$(1.1) \quad \begin{aligned} \frac{\partial}{\partial t}g(t) &= -2\text{Ric}(g(t)), \\ g(0) &= g_0. \end{aligned}$$

has been introduced by Hamilton in his seminal paper [9]. It is a weakly parabolic system of equations whose short time existence was proved by Hamilton using the Nash-Moser implicit function theorem in the same paper and after that simplified by DeTurck [5]. The goal in the analysis of (1.1) is to understand the long time behavior of the flow, possible singularity formation or convergence of the flow in the cases when we do have a long time existence. In general, the behavior of the flow can serve to give us more insights about the topology of the underlying manifold. One of the great successes is the resolution of the Poincaré Conjecture by Perelman. In order to discuss those things we have to understand what happens at the singular time and also what the optimal conditions for having a smooth solution are.

In [11] Hamilton showed that if the norm of Riemannian curvature $|\text{Rm}|(g(t))$ stays uniformly bounded in time, for all $t \in [0, T)$ with $T < \infty$, then we can extend the

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flow (1.1) smoothly past time T . In other words, either the flow exists forever or the norm of Riemannian curvature blows up in finite time. This result has been extended in [27] and [29], assuming certain integral bounds on the Riemannian curvature. Namely, if $\int_0^T \int_M |Rm|^\alpha dvol_{g(t)} dt \leq C$, for some $\alpha \geq \frac{n+2}{2}$ then the flow can be extended smoothly past time T . Throughout the paper, we denote $dvol_g$ the Riemannian volume density on (M, g) . On the other hand, in [26] Hamilton's extension result has been improved by the second author and it was shown that if the norm of Ricci curvature is uniformly bounded over a finite time interval $[0, T)$, then we can extend the flow smoothly past time T . In [27] this has been improved even further. That is, if Ricci curvature is uniformly bounded from below and if the space-time integral of the scalar curvature is bounded, say $\int_0^T \int_M |R|^\alpha dvol_{g(t)} dt \leq C$ for $\alpha \geq \frac{n+2}{2}$, where R is the scalar curvature, then Wang showed that we can extend the flow smoothly past time T . The requirement on Ricci curvature in [27] is rather restrictive. Ricci flow does not in general preserve nonnegative Ricci curvature in dimensions $n \geq 4$. See Knopf [16] for non-compact examples starting in dimension $n = 4$ and Böhm and Wilking [2] for compact examples starting in dimension $n = 12$. Recently, Maximo [21] has brought the result of [2] down to dimension four by showing that non-negative Ricci curvature is not preserved under Ricci flow for closed compact manifolds of dimensions four and above. Without assuming the boundedness from below of Ricci curvature, Ma and Cheng [20] proved that the norm of Riemannian curvature can be controlled provided that one has the integral bounds on the scalar curvature R and the Weyl tensor W from the orthogonal decomposition of the Riemannian curvature tensor. Their bounds are of the form $\int_0^T \int_M (|R|^\alpha + |W|^\alpha) dvol_{g(t)} dt \leq C$, for some $\alpha \geq \frac{n+2}{2}$. This is not surprising since Knopf [17] has showed that the trace-free Ricci tensor is controlled pointwise by the scalar curvature and the Weyl tensor without any additional hypotheses. In [30] it has been proved that the scalar curvature controls the Kähler Ricci flow $\frac{\partial}{\partial t} g_{i\bar{j}} = -R_{i\bar{j}} - g_{i\bar{j}}$ starting from any Kähler metric g_0 .

1.2. Main results. The above results, in particular that in [30], support the belief that the scalar curvature should control the Ricci flow in the Riemannian setting as well. In [6], Enders, Müller and Topping justified this belief for Type I Ricci flow, that is, they proved the following theorem.

Theorem 1.1 (Enders, Müller, Topping). *Let M be a smooth, compact n -dimensional Riemannian manifold equipped with a smooth Riemannian metric g_0 and $g(\cdot, t)$ be a solution to the Type I Ricci flow equation (1.1) on M . Assume there is a constant C so that $\sup_M |R(\cdot, t)| \leq C$, for all $t \in [0, T)$ and $T < \infty$. Then we can extend the flow past time T .*

Their proof was based on a blow-up argument using Perelman's reduced distance and pseudolocality theorem.

Assume the flow (1.1) develops a singularity at $T < \infty$. Throughout the paper, we use the following

Definition 1.1. *We say that (1.1) has a Type I singularity at T if there exists a constant $C > 0$ such that for all $t \in [0, T)$*

$$(1.2) \quad \max_M |Rm(\cdot, t)| \cdot (T - t) \leq C.$$

*Otherwise we say the flow develops Type II singularity at T . Moreover, the flow that satisfies (1.2) will be referred to as to the **Type I Ricci flow**.*

In this paper, we also use a blow-up argument to study curvature behavior at the first singular time of the Ricci flow. We deal with both Type I and II singularities. Assume that the scalar curvature is uniformly bounded along the flow. If the flow develops Type I singularities at some finite time T then by using Perelman's entropy functional \mathcal{W} , we show that suitable blow-ups of our evolving metrics converge in the pointed Cheeger-Gromov sense to a Gaussian shrinker.

Theorem 1.2. *Let M be a smooth, compact n -dimensional Riemannian manifold ($n \geq 3$) and $g(\cdot, t)$ be a solution to the Ricci flow equation (1.1) on M . Assume there is a constant C so that $\sup_M |R(\cdot, t)| \leq C$, for all $t \in [0, T)$ and $T < \infty$. Assume that at T we have a type I singularity and the norm of the curvature operator blows up. Then by suitable rescalings of our metrics, we get a Gaussian shrinker in the limit.*

A simple consequence of the proof of previous theorem is following result, which is the same to the one proved by Naber in [22]. The difference is that instead of the reduced distance techniques used by Naber, we use Perelman's monotone functional \mathcal{W} .

Corollary 1.1. *Let M be a smooth, compact n -dimensional Riemannian manifold ($n \geq 3$) and $g(\cdot, t)$ be a solution to the Ricci flow equation (1.1) on M . If the flow has type I singularity at T , then a suitable rescaling of the solution converges to a gradient shrinking Ricci soliton.*

In [22] it has been proved that in the case of type I singularity, a suitable rescaling of the flow converges to gradient shrinking Ricci soliton. In [6], it has been recently showed that the limiting soliton represents a singularity model, that is, it is nonflat (see also [3]). The open question is whether using Perelman's \mathcal{W} -functional, one can produce in the limit a singularity model (*nonflat* gradient shrinking Ricci solitons). We prove some interesting estimates on the minimizers of Perelman's \mathcal{W} -functional which can be of independent interest.

On the other hand, if the flow develops Type II singularities at some finite time T , then we show that suitable scalings of the potential functions in Perelman's entropy functional converge to a positive constant on a complete, Ricci flat manifold which is the pointed Cheeger-Gromov limit of a suitably chosen sequence of blow-ups of our original evolving metrics.

Theorem 1.3. *Let M be a smooth, compact n -dimensional Riemannian manifold ($n \geq 3$) and $g(\cdot, t)$ be a solution to the Ricci flow equation (1.1) on M . Assume there is a constant C so that $\sup_M |R(\cdot, t)| \leq C$, for all $t \in [0, T)$ and $T < \infty$. Assume that at T we have a type II singularity and the norm of the curvature operator blows up. Let ϕ_i be as in the*

proof of Theorem 1.2 (see , e.g, (3.10)). Then by suitable rescalings of our metrics and ϕ_i , we get as a limit of ϕ_i a positive constant on a complete, Ricci flat manifold.

We believe that previous theorem may play a role in proving the nonexistence of type II singularities if the scalar curvature is uniformly bounded along the flow. We are still investigating that.

For a precise definition of ϕ_i , see Section 3.

There has been a striking analogy between the Ricci flow and the mean curvature flow for decades now. About the same time when Hamilton proved that the norm of the Riemannian curvature under the Ricci flow must blow up at a finite singular time, Huisken [14] showed that the norm of the second fundamental form of an evolving hypersurface under the mean curvature flow must blow up at a finite singular time. In [18] the authors showed that the analogue of Wang's result holds for the mean curvature flow as well, namely if the second fundamental form of an evolving hypersurface is uniformly bounded from below and if the mean curvature is bounded in certain integral sense, then we can smoothly extend the flow. In the follow-up paper [19] the authors show that if one only has the uniform bound on the mean curvature of the evolving hypersurface, then the flow either develops a type II singularity or can be smoothly extended. In the case the dimension of the evolving hypersurfaces is two they show that under some density assumptions one can smoothly extend the flow provided that the mean curvature is uniformly bounded. Finally, we note that, in contrast to the lower bound on the scalar curvature (2.3), at the first singular time of the mean curvature flow, the mean curvature can either tend to ∞ (as in the case of a round sphere) or $-\infty$ as in some examples of Type II singularities [1].

If we replace the pointwise scalar curvature bound in Theorem 1.1 with an integral bound we can prove the following theorems.

Theorem 1.4. *If $g(\cdot, t)$ solves (1.1) and if*

$$(1.3) \quad \int_M |R|^\alpha(t) dvol_{g(t)} \leq C_\alpha$$

for all $t \in [0, T)$ where $\alpha > n/2$ and $T < \infty$, then either the flow develops a type II singularity at T or the flow can be smoothly extended past time T .

Remark 1.1. *The condition on α in Theorem 1.4 is optimal. Let (S^n, g_0) be the space form of constant sectional curvature 1. The Ricci flow on $M = S^n$ with initial metric g_0 has the solution $g(t) = (1 - 2(n-1)t)g_0$. Therefore $T = \frac{1}{2(n-1)}$ is the maximal existence time. We can rewrite $g(t) = 2(n-1)(T-t)g_0$ and compute*

$$\begin{aligned} \int_M |R|^\alpha(t) dvol_{g(t)} &= vol_{g(t)}(M) \left(\frac{n}{2(T-t)}\right)^\alpha = vol_{g(0)}(M) (2(n-1)(T-t))^{n/2} \left(\frac{n}{2(T-t)}\right)^\alpha \\ &= vol_{g(0)}(M) 2^{n/2-\alpha} (n-1)^{n/2} n^\alpha \frac{1}{(T-t)^{\alpha-n/2}}. \end{aligned}$$

Hence $\int_M |R|^\alpha(t) dvol_{g(t)}$ tends to ∞ as $t \rightarrow T$ if and only if $\alpha > n/2$.

Theorem 1.5. *If $g(\cdot, t)$ is as above, then if we have the following space-time integral bound,*

$$(1.4) \quad \int_0^T \int_M |R|^\alpha(t) dvol_{g(t)} dt \leq C_\alpha$$

for $\alpha \geq \frac{n+2}{2}$, then the flow either develops a type II singularity at T or can be smoothly extended past time T .

Remark 1.2. *The condition on α in Theorem 1.5 is optimal. As in Remark 1.1 consider the Ricci flow on the round sphere. Following the computation in Remark 1.1 we get*

$$\int_0^T \int_M |R|^\alpha dvol_{g(t)} dt = vol_{g(0)}(M) 2^{n/2-\alpha} (n-1)^{n/2} n^\alpha \int_0^T \frac{1}{(T-t)^{\alpha-n/2}} dt,$$

and therefore the integral is ∞ if and only if $\alpha \geq \frac{n+2}{2}$.

For the mean curvature flow, similar results to Theorem 1.5 have been obtained by the authors [19].

The rest of the paper is organized as follows. In Section 2 we will give some necessary preliminaries. Section 3 is devoted to the statements and proofs of Theorems 1.2 and 1.3. In section 4 we prove Theorems 1.4 and 1.5.

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2. PRELIMINARIES

In this section, we recall basic evolution equations during the Ricci flow and the definition of singularity formation. Then we recall Perelman's entropy functional \mathcal{W} and prove one of its properties concerning the μ -energy, Lemma 2.1. The nonpositivity of the μ -energy turns out to be very crucial for the proof of Theorem 1.1.

2.1. Evolution equations and singularity formation. Consider the Ricci flow equation (1.1) on $[0, T)$. Then, the scalar curvature R and the volume form $vol_{g(t)}$ evolve by the following equations

$$(2.1) \quad \frac{\partial}{\partial t} R = \Delta R + 2 |Ric|^2$$

and

$$(2.2) \quad \frac{\partial}{\partial t} vol_{g(t)} = -R vol_{g(t)}.$$

Because $|Ric|^2 \geq \frac{R^2}{n}$, the maximum principle applied to (2.1) yields

$$(2.3) \quad R(g(t)) \geq \frac{\min_M R(g(0))}{1 - \frac{2 \min_M R(g(0)) t}{n}}.$$

If $T < +\infty$ and the norm of the Riemannian curvature $|Rm|(g(t))$ becomes unbounded as t tends to T , we say the Ricci flow develops singularities as t tends to T and T is a singular time. It is well-known that the Ricci flow generally develops singularities.

If a solution $(M, g(t))$ to the Ricci flow develops singularities at $T < +\infty$, then according to Hamilton [11], we say that it develops a **Type I singularity** if

$$\sup_{t \in [0, T)} (T - t) \max_M |Rm(\cdot, t)| < +\infty,$$

and it develops a **Type II singularity** if

$$\sup_{t \in [0, T)} (T - t) \max_M |Rm(\cdot, t)| = +\infty.$$

Clearly, the Ricci flow of a round sphere develops Type I singularity in finite time. The existence of type II singularities for the Ricci flow has been recently established by Gu and Zhu [8], proving the degenerate neckpinch conjecture of Hamilton [11].

Finally, by the curvature gap estimate for Ricci flow solutions with finite time singularity (see, e.g., Lemma 8.7 in [4]), we have

$$(2.4) \quad \max_{x \in M} |Rm(x, t)| \geq \frac{1}{8(T - t)}.$$

2.2. Perelman's entropy functional \mathcal{W} and the μ -energy. In [24] Perelman has introduced a very important functional, the entropy functional \mathcal{W} , for the study of the Ricci flow,

$$(2.5) \quad \mathcal{W}(g, f, \tau) = (4\pi\tau)^{-n/2} \int_M [\tau(R + |\nabla f|^2) + f - n] e^{-f} dvol_g,$$

under the constraint $(4\pi\tau)^{-n/2} \int_M e^{-f} dvol_g = 1$. The functional \mathcal{W} is invariant under the parabolic scaling of the Ricci flow and invariant under diffeomorphism. Namely, for any positive number α and any diffeomorphism φ , we have $\mathcal{W}(\alpha\varphi^*g, \varphi^*f, \alpha\tau) = \mathcal{W}(g, f, \tau)$. Perelman showed that if $\dot{\tau} = -1$ and $f(\cdot, t)$ is a solution to the backwards heat equation

$$(2.6) \quad \frac{\partial f}{\partial t} = -\Delta f + |\nabla f|^2 - R + \frac{n}{2\tau},$$

and $g(\cdot, t)$ solves the Ricci flow equation (1.1) then

$$(2.7) \quad \frac{d}{dt} \mathcal{W}(g(t), f(t), \tau) = (2\tau) \cdot (4\pi\tau)^{-n/2} \int_M |R_{ij} + \nabla_i \nabla_j f - \frac{g_{ij}}{2\tau}|^2 e^{-f} dvol_{g(t)} \geq 0.$$

We see that \mathcal{W} is constant on metrics g with the property that

$$R_{ij} + \nabla_i \nabla_j f - \frac{g_{ij}}{2\tau} = 0,$$

for a smooth function f . These metrics are called gradient shrinking Ricci solitons and appear often as singularity models, that is, limits of blown up solutions around finite time singularities of the Ricci flow.

Let $g(t)$ be a solution to the Ricci flow (1.1) on $(-\infty, T)$. We call a triple $(M, g(t), f(t))$ on $(-\infty, T)$ with smooth functions $f : M \rightarrow \mathbb{R}$ a **gradient shrinking soliton in canonical form** if it satisfies

$$(2.8) \quad \text{Ric}(g(t)) + \nabla^{g(t)} \nabla^{g(t)} f(t) - \frac{1}{2(T - t)} g(t) = 0 \text{ and } \frac{\partial}{\partial t} f(t) = |f(t)|_{g(t)}^2.$$

Perelman also defines the μ -energy

$$(2.9) \quad \mu(g, \tau) = \inf_{\{f \mid (4\pi\tau)^{-n/2} \int_M e^{-f} dvol_g = 1\}} \mathcal{W}(g, f, \tau),$$

and shows that

$$(2.10) \quad \frac{d}{dt} \mu(g(\cdot, t), \tau) \geq (2\tau) \cdot (4\pi\tau)^{-n/2} \int_M |R_{ij} + \nabla_i \nabla_j - \frac{g_{ij}}{2\tau}|^2 e^{-f} dvol_{g(t)} \geq 0,$$

where $f(\cdot, t)$ is the minimizer for $\mathcal{W}(g(\cdot, t), f, \tau)$ with the constraint on f as above. Note that $\mu(g, \tau)$ corresponds to the best constant of a logarithmic Sobolev inequality. Adjusting some of Perelman's arguments to our situation we get the following Lemma whose proof we will include below for reader's convenience.

Lemma 2.1 (Nonpositivity of the μ -energy). *If $g(t)$ is a solution to (1.1) for all $t \in [0, T)$, then*

$$\mu(g(t), T - t) \leq 0, \quad \text{for all } t \in [0, T).$$

Proof. We are assuming the Ricci flow exists for all $t \in [0, T)$. Fix $t \in [0, T)$. Define $\tilde{g}(s) = g(t + s)$, for $s \in [0, T - t)$. Pick any $\bar{\tau} < T - t$. Let $\tau_0 = \bar{\tau} - \varepsilon$ with $\varepsilon > 0$ small. Pick $p \in M$. We use normal coordinates about p on $(M, \tilde{g}(\tau_0))$ to define

$$(2.11) \quad f_1(x) = \begin{cases} \frac{|x|^2}{4\varepsilon} & \text{if } d_{\tilde{g}(\tau_0)}(x, x_0) < \rho_0, \\ \frac{\rho_0^2}{4\varepsilon} & \text{elsewhere} \end{cases}$$

where $\rho_0 > 0$ is smaller than the injectivity radius. Note that $dvol_{\tilde{g}(\tau_0)}(x) = 1 + O(|x|^2)$ near p . We compute

$$\begin{aligned} \int_M (4\pi\varepsilon)^{-n/2} e^{-f_1} dvol_{\tilde{g}(\tau_0)} &= \int_{|x| \leq \rho_0} (4\pi\varepsilon)^{-n/2} e^{-|x|^2/4\varepsilon} (1 + O(|x|^2)) dx + O(\varepsilon^{-n/2} e^{-\rho_0^2/4\varepsilon}) \\ &= \int_{|y| \leq \rho_0/\sqrt{\varepsilon}} (4\pi)^{-n/2} e^{-|y|^2/4} (1 + O(\varepsilon|y|^2)) dy + O(\varepsilon^{-n/2} e^{-\rho_0^2/4\varepsilon}) \end{aligned}$$

The second term goes to zero as $\varepsilon \rightarrow 0$ while the first term converges to

$$\int_{\mathbb{R}^n} (4\pi)^{-n/2} e^{-|y|^2/4} dy = 1.$$

If we write the integral as e^C , then $C \rightarrow 0$ as $\varepsilon \rightarrow 0$. And $f = f_1 + C$ then satisfies the constraint $\int_M (4\pi\varepsilon)^{-n/2} e^{-f} dvol_{\tilde{g}(\tau_0)} = 1$.

We solve the equation (2.6) backwards with initial value f at τ_0 . Then

$$\begin{aligned} &\mathcal{W}(\tilde{g}(\tau_0), f(\tau_0), \bar{\tau} - \tau_0) \\ &= \int_{|x| \leq \rho_0} \left[\varepsilon \left(\frac{|x|^2}{4\varepsilon^2} + R \right) + \frac{|x|^2}{4\varepsilon} + C - n \right] (4\pi\varepsilon)^{-n/2} e^{-|x|^2/4\varepsilon - C} (1 + O(|x|^2)) dx \\ &\quad + \int_{M - B(p, \rho_0)} \left(\frac{\rho_0^2}{4\varepsilon} + \varepsilon R + C - n \right) (4\pi\varepsilon)^{-n/2} e^{-\rho_0^2/4\varepsilon - C} \\ &= I + II, \end{aligned}$$

where $I = e^{-C} \int_{|x| \leq \rho_0} (\frac{|x|^2}{2\varepsilon} - n)(4\pi\varepsilon)^{-n/2} e^{-|x|^2/4\varepsilon} (1 + O(|x|^2)) dx$ and II contains all the remaining terms. It is obvious that $II \rightarrow 0$ as $\varepsilon \rightarrow 0$ while

$$\begin{aligned} I &= e^{-C} \int_{|y| \leq \rho_0/\sqrt{\varepsilon}} (\frac{|y|^2}{2} - n)(4\pi)^{-n/2} e^{-|y|^2/4} (1 + O(\varepsilon|y|^2)) dy \\ &\rightarrow \int_{\mathbb{R}^n} (\frac{|y|^2}{2} - n)(4\pi)^{-n/2} e^{-|y|^2/4} dy = 0 \text{ as } \varepsilon \rightarrow 0. \end{aligned}$$

Therefore $\mathcal{W}(\tilde{g}(\tau_0), f(\tau_0), \bar{\tau} - \tau_0) \rightarrow 0$ as $\tau_0 \rightarrow \bar{\tau}$. By the monotonicity of μ along the flow, $\mu(g(t), \bar{\tau}) = \mu(\tilde{g}(0), \bar{\tau}) \leq \mathcal{W}(\tilde{g}(0), f(0), \bar{\tau}) \leq \mathcal{W}(\tilde{g}(\tau_0), f(\tau_0), \bar{\tau} - \tau_0)$. Let $\tau_0 \rightarrow \bar{\tau}$, we get $\mu(g(t), \bar{\tau}) \leq 0$. Since $\bar{\tau} < T - t$ is arbitrary we get

$$\mu(g(t), T - t) \leq 0.$$

□

3. UNIFORM BOUND ON SCALAR CURVATURE

In this section, we prove Theorems 1.2, 1.3.

Proof of Theorem 1.2. By our assumptions, there exists a sequence of times $t_i \rightarrow T$ so that $Q_i := \max_{M \times [0, t_i]} |\text{Rm}|(x, t) \rightarrow \infty$ as $i \rightarrow \infty$. Assume that the maximum is achieved at $(p_i, t_i) \in M \times [0, t_i]$. Define a rescaled sequence of solutions

$$(3.1) \quad g_i(t) = Q_i \cdot g(t_i + t/Q_i).$$

We have that

$$(3.2) \quad |\text{Rm}(g_i)| \leq 1 \text{ on } M \times [-t_i Q_i, 0] \text{ and } |\text{Rm}(g_i)|(p_i, 0) = 1.$$

By Hamilton's compactness theorem [10] and Perelman's κ -noncollapsing theorem [24] we can extract a pointed subsequence of solutions $(M, g_i(t), q_i)$, converging in the Cheeger-Gromov sense to a solution to (1.1), which we denote by $(M_\infty, g_\infty(t), q_\infty)$, for any sequence of points $q_i \in M$. In particular, if we take that sequence of points to be exactly $\{p_i\}$, we can guarantee the limiting metric is nonflat. The limiting metric has a sequence of nice properties that we discuss below. Since

$$|R(g_i(t))| = \frac{|R(g(t_i + \frac{t}{Q_i}))|}{Q_i} \leq \frac{C}{Q_i} \rightarrow 0,$$

our limiting solution $(M_\infty, g_\infty(t))$ is scalar flat, for each $t \in (-\infty, 0]$. Since it solves the Ricci flow equation (1.1) and $R_\infty := R(g_\infty)$ evolves by

$$\frac{\partial}{\partial t} R_\infty = \Delta R_\infty + 2 |\text{Ric}(g_\infty)|^2,$$

we have that $\text{Ric}(g_\infty) \equiv 0$, that is, the limiting metric is Ricci flat. We will get a Gaussian shrinker by using Perelman's functional μ defined by (2.9). Recall that (see the computation in [15])

$$\frac{d}{dt} \mu(g(t), \tau) \geq 2\tau \cdot (4\pi\tau)^{-n/2} \int_M |\text{Ric} + \nabla\nabla f - \frac{g}{2\tau}|^2 e^{-f} d\text{vol}_{g(t)},$$

where $f(\cdot, t)$ is the minimizer realizing $\mu(g(t), \tau)$, and $\tau = T - t$.

In this Theorem 1.2, we take $s, v \in [-10, 0]$ with $s < v$. Then, by (3.2), $g_i(s)$ and $g_i(v)$ are defined for i sufficiently large. Then, by the invariant property of μ under the parabolic scaling of the Ricci flow, one has, for $s < v \in [-10, 0]$

$$\begin{aligned}
 & \mu(g_i(v), Q_i(T - t_i) - v) - \mu(g_i(s), Q_i(T - t_i) - s) \\
 = & \mu(g(t_i + \frac{v}{Q_i}), T - t_i - \frac{v}{Q_i}) - \mu(g(t_i + \frac{s}{Q_i}), T - t_i - \frac{s}{Q_i}) \\
 = & \int_{t_i + \frac{s}{Q_i}}^{t_i + \frac{v}{Q_i}} \frac{d}{dt} \mu(g(t), T - t) dt \\
 \geq & \int_{t_i + \frac{s}{Q_i}}^{t_i + \frac{v}{Q_i}} \int_M 2\tau(4\pi\tau)^{-n/2} \cdot |\text{Ric} + \nabla\nabla f - \frac{g}{2\tau}|^2 e^{-f} d\text{vol}_{g(t)} dt \\
 (3.3) \quad = & 2 \int_s^v \int_M m_i(r) (4\pi m_i(r))^{-n/2} |\text{Ric}(g_i(r)) + \nabla\nabla f - \frac{g_i}{2m_i(r)}|^2 e^{-f} d\text{vol}_{g_i(r)} dr
 \end{aligned}$$

where, for simplicity, we have denoted

$$(3.4) \quad m_i(r) = Q_i(T - t_i) - r.$$

Since we are assuming the flow develops a type I singularity at T , we have

$$(3.5) \quad \lim_{i \rightarrow \infty} Q_i(T - t_i) = a < \infty.$$

Thus, by (2.4), one has for $r \in [-10, 0]$,

$$(3.6) \quad \lim_{i \rightarrow \infty} m_i(r) = a - r > 0.$$

By Lemma 2.1 and by the monotonicity of $\mu(g(t), T - t)$ (see (2.10)), we have

$$(3.7) \quad \mu(g(0), T) \leq \mu(g(t), T - t) \leq 0.$$

Estimate (3.7) implies that there exists a finite $\lim_{t \rightarrow T} \mu(g(t), T - t)$ which has as a consequence that the left hand side of (3.3) tending to zero as $i \rightarrow \infty$. Letting $i \rightarrow \infty$ in (3.3) and using (3.6), we get

$$(3.8) \quad \lim_{i \rightarrow \infty} \int_s^v \int_M (a - r) [4\pi(a - r)]^{-n/2} |\text{Ric}(g_i) + \nabla\nabla f - \frac{g_i}{2(a - r)}|^2 e^{-f} d\text{vol}_{g_i(r)} dr = 0.$$

We would like to say that we can extract a subsequence so that $f(\cdot, t_i + \frac{r}{Q_i})$ converges smoothly to a smooth function $f_\infty(r)$ on $(M_\infty, g_\infty(r))$, which will then be a potential function for a limiting gradient shrinking Ricci soliton g_∞ . In order to do that, we need to get some uniform estimates for $f(\cdot, t_i + \frac{r}{Q_i})$. The equation satisfied by $f(t_i + \frac{r}{Q_i})$ in (3.3) is

$$(3.9) \quad (T - t_i - \frac{r}{Q_i})(2\Delta f - |\nabla f|^2 + R) + f - n = \mu(g(t_i + \frac{r}{Q_i}), T - t_i - \frac{r}{Q_i}).$$

Let $f_i(\cdot, r) = f(\cdot, t_i + \frac{r}{Q_i})$. Then

$$[Q_i(T - t_i) - r](2\Delta_{g_i(r)} f_i(r) - |\nabla_{g_i(r)} f_i(r)|^2 + R(g_i(r))) + f_i(r) - n = \mu(g_i(r), Q_i(T - t_i) - r).$$

Define $\phi_i(\cdot, r) = e^{-f_i(\cdot, r)/2}$. This function $\phi_i(\cdot, r)$ satisfies a nice elliptic equation

$$(3.10) \quad [Q_i(T - t_i) - r](-4\Delta_{g_i(r)} + R(g_i(r)))\phi_i = 2\phi_i \log \phi_i + (\mu(g_i(r), Q_i(T - t_i) - r) + n)\phi_i.$$

Recall that, in this Theorem 1.2, we consider $r \in [-10, 0]$. We also take the freedom to suppress certain dependences on r whenever no possible confusion may arise.

Our first estimates are uniform global $W^{1,2}$ estimates for $\phi_i(r)$ as shown in the following

Lemma 3.1. *There exists a uniform constant C so that for all $r \in [-10, 0]$ and all i , one has*

$$\int_M \phi_i^2(\cdot, r) d\text{vol}_{g_i(r)} + \int_M |\nabla_{g_i(r)} \phi_i(\cdot, r)|^2 d\text{vol}_{g_i(r)} \leq C(Q_i(T - t_i) - r)^{n/2} \leq \tilde{C}.$$

Proof. Note that $\phi_i(r)$ satisfies the L^2 -constraint

$$\int_M [4\pi m_i(r)]^{-n/2} (\phi_i(r))^2 d\text{vol}_{g_i(r)} = 1$$

and is in fact smooth [25]. Here, we have used $m_i(r) = Q_i(T - t_i) - r$.

To simplify, let $F_i(r) = \frac{\phi_i(r)}{c_i(r)}$ where $c_i(r) = [4\pi m_i(r)]^{n/4}$. Then

$$\int_M (F_i(r))^2 d\text{vol}_{g_i(r)} = 1$$

and the equation for $F_i(r)$ becomes

$$m_i(r)(-4\Delta_{g_i(r)} + R(g_i(r)))F_i(r) = 2F_i(r) \log F_i(r) + (\mu(g_i(r), m_i(r)) + n + 2 \log c_i(r))F_i(r).$$

Introduce

$$\mu_i(r) = \mu(g_i(r), m_i(r)) + n + 2 \log c_i(r).$$

Then

$$-\Delta_{g_i(r)} F_i = \frac{1}{2m_i(r)} F_i \log F_i + \left(\frac{\mu_i(r)}{4m_i(r)} - \frac{1}{4} R(g_i(r)) \right) F_i.$$

Multiplying the above equation by $F_i(r)$ and integrating over M , we get

$$(3.11) \quad \int_M |\nabla_{g_i} F_i|^2 d\text{vol}_{g_i(r)} = \frac{1}{2m_i(r)} \int_M F_i^2 \log F_i d\text{vol}_{g_i(r)} + \int_M \left(\frac{\mu_i(r)}{4m_i(r)} - \frac{1}{4} R(g_i) \right) F_i^2 d\text{vol}_{g_i(r)}.$$

Because $\int_M (F_i(r))^2 d\text{vol}_{g_i(r)} = 1$, by Jensen's inequality for the logarithm,

$$(3.12) \quad \begin{aligned} \int_M F_i^2 \log F_i d\text{vol}_{g_i(r)} &= \frac{n-2}{4} \int_M F_i^2 \log F_i^{\frac{4}{n-2}} d\text{vol}_{g_i(r)} \\ &\leq \frac{n-2}{4} \log \int_M F_i^{2+\frac{4}{n-2}} d\text{vol}_{g_i(r)} = \frac{n-2}{4} \log \int_M F_i^{\frac{2n}{n-2}} d\text{vol}_{g_i(r)}. \end{aligned}$$

On the other hand, we recall the following Sobolev inequality due to Hebey-Vaugon [13] (see also Theorem 5.6 in Hebey [12])

Theorem 3.1 (Hebey-Vaugon). *For any smooth, compact Riemannian n -manifold (M, g) , $n \geq 3$ such that*

$$|Rm(g)| \leq \Lambda_1, |\nabla_g Rm(g)| \leq \Lambda_2, inj_{(M,g)} \geq \gamma$$

one has a uniform constant $B(n, \Lambda_1, \Lambda_2, \gamma)$ so that, for any $u \in W^{1,2}(M)$

$$(3.13) \quad \left(\int_M |u|^{\frac{2n}{n-2}} dvol_g \right)^{\frac{n-2}{n}} \leq C(n) \int_M |\nabla u|^2 dvol_g + B(n, \Lambda_1, \Lambda_2, \gamma) \int_M u^2 dvol_g.$$

By Perelman's noncollapsing result, Theorem 3.1 applies to $(M, g_i(r))$ with uniform constants $\Lambda_1, \Lambda_2, \gamma$, independent of $r \in [-10, 0]$ and i . In particular, letting $u = F_i(r)$ in (3.13), we find that

$$(3.14) \quad \int_M (F_i(r))^{\frac{2n}{n-2}} dvol_{g_i(r)} \leq C(n) \left(\int_M |\nabla_{g_i(r)} F_i(r)|^2 dvol_{g_i(r)} \right)^{\frac{n}{n-2}} + B(n, \Lambda_1, \Lambda_2, \gamma).$$

Combining (3.11), (3.12) and (3.14), we obtain

$$(3.15) \quad \begin{aligned} \int_M |\nabla_{g_i} F_i|^2 dvol_{g_i(r)} &\leq \frac{n-2}{8m_i(r)} \log \int_M F_i^{\frac{2n}{n-2}} dvol_{g_i(r)} + \int_M \left(\frac{\mu_i(r)}{4m_i(r)} - \frac{1}{4} R(g_i) \right) F_i^2 dvol_{g_i(r)} \\ &\leq \frac{n-2}{8m_i(r)} \log \left(C(n) \left(\int_M |\nabla F_i|^2 dvol_{g_i(r)} \right)^{\frac{n}{n-2}} + B(n, \Lambda_1, \Lambda_2, \gamma) \right) \\ &\quad + \int_M \left(\frac{\mu_i(r)}{4m_i(r)} - \frac{1}{4} R(g_i) \right) F_i^2 dvol_{g_i(r)}. \end{aligned}$$

Recall that $R(g_i(r))$ is uniformly bounded by our scaling and furthermore

$$\lim_{i \rightarrow \infty} Q_i(T - t_i) = a \in \left[\frac{1}{8}, \infty \right).$$

Thus, if $r \in [-10, 0]$, then (3.15) gives a global uniform bound for $\int_M |\nabla_{g_i(r)} F_i(r)|^2 dvol_{g_i(r)}$. Hence, we have a global uniform bound for $\int_M |\nabla_{g_i(r)} \phi_i(r)|^2 dvol_{g_i(r)}$ because $\phi_i(r) = c_i(r) F_i(r)$. \square

Now, elliptic L^p theory gives uniform $C^{1,\alpha}$ estimates for $\phi_i(r)$ on compact sets [7]. To get higher order derivative estimates on $\phi_i(r)$, in order to be able to conclude that for a suitably chosen sequence of points q_i around which we decide to take the limit we have $f_\infty(r) = -2 \log \phi_\infty(r)$, for a smooth function $f_\infty(r)$ (where $f_\infty(r)$ is the limit of $f_i(r)$ and $\phi_\infty(r)$ is the limit of $\phi_i(r)$), it is crucial to prove that $\{\phi_i(r)\}$ stay uniformly bounded from below on compact sets around q_i .

In (3.8), take $s = -10$ and $v = 0$. For each i , let $r_i \in [-10, 0]$ be such that

$$\begin{aligned} & (a - r_i)[4\pi(a - r_i)]^{-n/2} \left| Ric(g_i(r_i)) + \nabla\nabla f(t_i + \frac{r_i}{Q_i}) - \frac{g_i}{2(a - r_i)} \right|^2 e^{-f(t_i + \frac{r_i}{Q_i})} dvol_{g_i(r_i)} \\ & \leq (a - r)[4\pi(a - r)]^{-n/2} \left| Ric(g_i(r)) + \nabla\nabla f(t_i + \frac{r}{Q_i}) - \frac{g_i}{2(a - r)} \right|^2 e^{-f(t_i + \frac{r}{Q_i})} dvol_{g_i(r)}, \end{aligned}$$

for all $r \in [-10, 0]$. Take $q_i \in M$ at which the maximum of $\phi_i(r_i)$ over M has been achieved and denote also by $(M_\infty, g_\infty(t), q)$ the smooth pointed Cheeger-Gromov limit of the rescaled sequence of metrics $(M, g_i(t), q_i)$, defined as above. Take any compact set $K \subset M_\infty$ containing q . Let $\psi_i : K_i \rightarrow K$ be the diffeomorphisms from the definition of Cheeger-Gromov convergence of (M, g_i, q_i) to (M_∞, g_∞, q) and $K_i \subset M$. Following the previous notation, consider the functions $F_i(r_i)$, $\phi_i(r_i)$ and denote them for simplicity by F_i and ϕ_i , respectively. We will also denote the metric $g_i(r_i)$ shortly by g_i .

Lemma 3.2. *For any $\alpha \in (0, 1)$, there is a uniform constant $C(\alpha)$ so that*

$$(3.16) \quad \|F_i\|_{C^{1,\alpha}(M)} \leq C(\alpha).$$

Proof. The proof is via bootstrapping and rather standard for the equation satisfied by F_i

$$(3.17) \quad -\Delta_{g_i} F_i = \frac{1}{2m_i(r)} F_i \log F_i + \left(\frac{\mu_i(r)}{4m_i(r)} - \frac{1}{4} R(g_i) \right) F_i.$$

The reason that bootstrapping works is simple. If F_i is uniformly bounded in $L^p(K_i)$, where $K_i \subset M$ is a compact set, then $F_i \log F_i$ is uniformly bounded in $L^{p-\delta}(K_i)$ for any $\delta > 0$. The standard local parabolic estimates will give us (3.16) which will be independent of a compact set since we have uniform global $W^{1,2}$ bound on F_i . \square

Let us now discuss how to get higher order derivatives estimates for F_i . Covariantly differentiating (3.17), commuting derivatives, and noting that

$$-\Delta_{g_i} \partial_l F_i = -\partial_l \Delta_{g_i} F_i - Ric(g_i)_{lk} g_i^{kp} \partial_p F_i$$

we get

$$(3.18) \quad \begin{aligned} -\Delta_{g_i} \partial_l F_i &= \frac{1}{2m_i(r)} \partial_l F_i \log F_i + \left(\frac{2 + \mu_i(r)}{4m_i(r)} - \frac{1}{4} R(g_i) \right) \partial_l F_i \\ &\quad - \frac{1}{4} \partial_l R(g_i) F_i - Ric(g_i)_{lk} g_i^{kp} \partial_p F_i. \end{aligned}$$

The major obstacle in applying L^p theory to get uniform $C^{1,\alpha}$ estimates for $\partial_l F_i$ is the term $\partial_l F_i \log F_i$. This emanates from the potential smallness of $|F_i|$, though we have already had a nice uniform upper bound on it. Thus, to proceed further, we need to bound $|F_i|$ uniformly from below. Equivalently, we will prove in Lemma 3.3 that ϕ_i stays uniformly bounded from below on K_i .

As the first step, we bound $\phi_i(q_i)$ from below. This is simple. If we apply the maximum

principle to (3.9) we obtain $\min_M f_i \leq C$, where $f_i = f_i(r_i)$, for a uniform constant C . This can be seen as follows. Define $\alpha_i = Q_i(T - t_i)$. At the minimum of f_i , we have

$$\frac{f_i - n}{\alpha_i - r_i} = \frac{\mu(g_i(r_i), \alpha_i - r_i)}{\alpha_i - r_i} - R(g_i(r_i)) - 2\Delta_{g_i(r_i)} f_i \leq \frac{\mu(g_i(r_i), \alpha_i - r_i)}{\alpha_i - r_i} - R(g_i(r_i)).$$

Thus,

$$(3.19) \quad \begin{aligned} f_i &\leq n + \mu(g_i(r_i), \alpha_i - r_i) - R(g_i(r_i))(\alpha_i - r_i) \\ &\leq n + \mu(g_i(r_i), \alpha_i - r_i) + \frac{C}{Q_i}[Q_i(T - t_i) - r_i] \leq C, \end{aligned}$$

where we have used the fact that $R(\cdot, t) \geq -C$ on M , for all $t \in [0, T]$ (see (2.3)). This implies $\phi_i(q_i) \geq \delta > 0$ for all i , with a uniform constant δ .

Let $K \subset M_\infty$ and $K_i \subset M$ be compact sets as before. Also recall that $m_i(r_i) = Q_i(T - t_i) - r_i$.

Lemma 3.3. *For every compact set $K \subset M_\infty$ there exists a uniform constant $C(K)$ so that*

$$\phi_i \geq C(K), \quad \text{on } K_i, \quad \text{for all } i.$$

Proof. Assume the lemma is not true and that there exist points $P_i \in K_i$ so that $\phi_i(P_i) \leq 1/i \rightarrow 0$ as $i \rightarrow \infty$. Assume $\psi_i(P_i)$ converge to a point $P \in K$. Then $\phi_\infty(P) = 0$. Take a smooth function $\eta \in C_0^\infty(M_\infty)$, compactly supported in $K \setminus \{P\}$. Then $\psi_i^* \eta \in C_0^\infty(M)$, compactly supported in $K_i \setminus \{P_i\}$. Multiplying (3.10) by $\psi_i^* \eta$, assuming $\lim_{i \rightarrow \infty} r_i = r_0$, and then integrating by parts, we get

$$\int_M m_i(r_i) \cdot (4\nabla \phi_i \nabla (\psi_i^* \eta) + R_i \phi_i \psi_i^* \eta) - 2\phi_i \psi_i^* \eta \ln \phi_i - n\phi_i \psi_i^* \eta - \mu(g_i, m_i(r_i)) \phi_i \psi_i^* \eta \, d\text{vol}_{g_i(r_i)} = 0.$$

Letting $i \rightarrow \infty$, using that $\phi_i \xrightarrow{C^{1,\alpha}} \phi_\infty$ locally, $\psi_i^* \eta \rightarrow \eta$ smoothly as $i \rightarrow \infty$, $\lim_{i \rightarrow \infty} R(g_i) = 0$, and $a - r_0 := \lim_{i \rightarrow \infty} m_i(r_i) \equiv \lim_{i \rightarrow \infty} (Q_i(T - t_i) - r_i) < \infty$, one finds that

$$\int_{M_\infty} (4(a - r_0) \nabla \phi_\infty \nabla \eta - 2\eta \phi_\infty \ln \phi_\infty - n\phi_\infty \eta - \mu(g_\infty, a - r_0) \eta \phi_\infty) \, d\text{vol}_{g_\infty(r_0)} = 0.$$

Proceeding in the same manner as in Rothaus [25] we can get that $\phi_\infty \equiv 0$ in some small ball around P . Using the connectedness argument, $\phi_\infty \equiv 0$ everywhere in M_∞ . That contradicts $\phi_\infty(q) \geq \delta > 0$. \square

Having Lemma 3.3 and $C^{1,\alpha}$ uniform estimates on ϕ_i , we see that the right hand side of (3.18) is uniformly bounded in $L^2(K_i)$. Because $\log F_i$ is uniformly bounded on K_i , we can bootstrap (3.18) to obtain $C^{1,\alpha}$ estimates for $|\nabla_{g_i} F_i|$. Hence, one has uniform $C^{2,\alpha}$ estimates for F_i on K_i . In terms of ϕ_i , one has that

$$(3.20) \quad \|\phi_i\|_{C^{2,\alpha}(K_i)} \leq C(K, \alpha)(Q_i(T - t_i) - r_i)^{n/4}.$$

One can differentiate (3.18) again and obtain all higher order derivative estimates on ϕ_i and therefore all higher order derivative estimates on $f_i = f_i(r_i) = -2 \log \phi_i$. However, for

our purpose, $C^{2,\alpha}$ estimates suffice.

Then, using (3.8), for $s = -10$ and $v = 0$,

$$\begin{aligned} & \lim_{i \rightarrow \infty} 10(a - r_i)(4\pi(a - r_i))^{-n/2} \int_M |\text{Ric}(g_i(r_i)) + \nabla \nabla f_i - \frac{g_i(r_i)}{2(a - r_i)}|^2 e^{-f_i} d\text{vol}_{g_i(r_i)} \\ & \leq \lim_{i \rightarrow \infty} \int_{-10}^0 \int_M (a - r)[4\pi(a - r)]^{-n/2} |\text{Ric}(g_i) + \nabla \nabla f_i - \frac{g_i}{2(a - r)}|^2 e^{-f_i} d\text{vol}_{g_i(r)} dr = 0. \end{aligned}$$

By Lemma 3.3 and (3.8), applying Arzela-Ascoli theorem on f_i results in

$$\text{Ric}_\infty + \nabla \nabla f_\infty - \frac{g_\infty}{2(a - r_0)} = 0.$$

Since $\text{Ric}_\infty \equiv 0$, we get

$$g_\infty = 2(a - r_0)\nabla \nabla f_\infty,$$

and therefore M_∞ is isometric to a standard Euclidean space \mathbb{R}^n ; see, e.g., Proposition 1.1 in [23]. It is now easy to see that

$$(3.21) \quad f_\infty = \frac{|x|^2}{4(a - r_0)},$$

that is, the limiting manifold $(\mathbb{R}^n, g_\infty, q_\infty)$ is a Gaussian shrinker. \square

Proof of Theorem 1.3. We will use many estimates and arguments that we have developed in the proof of Theorem 1.2. Assume the flow does develop a type II singularity at T . Then we can pick a sequence of times $t_i \rightarrow T$ and points $p_i \in M$ as in [11] so that the rescaled sequence of solutions $(M, g_i(t) := Q_i g(t_i + t/Q_i), p_i)$, converges in a pointed Cheeger-Gromov sense to a Ricci flat, nonflat, complete, eternal solution $(M_\infty, g_\infty(t), p_\infty)$. Here $Q_i := \max_{M \times [0, t_i]} |\text{Rm}|(x, t) \rightarrow \infty$ as $i \rightarrow \infty$. The reasons for getting Ricci flat metric are the same as in the proof of Theorem 1.2. Define

$$\alpha_i := (T - t_i)Q_i.$$

Since we are assuming type II singularity occurring at T , we may assume that for a chosen sequence t_i we have $\lim_{i \rightarrow \infty} \alpha_i = \infty$.

By Lemma 2.1 and the monotonicity of μ we have $|\mu(g(t), T - t)| \leq C$ for all $t \in [0, T)$. Let $f_i(\cdot, s)$ be a smooth minimizer realizing

$$\mu(g(t_i + s/Q_i), T - t_i - s/Q_i) = \mu(g_i(s), \alpha_i - s) = \inf \mathcal{W}(g(t_i + \frac{s}{Q_i}), f, T - t_i - \frac{s}{Q_i})$$

over the set of all smooth functions f satisfying

$$[4\pi(T - t_i - \frac{s}{Q_i})]^{-n/2} \int_M e^{-f} d\text{vol}_{g(t_i + \frac{s}{Q_i})} = 1.$$

Then $f_i = f_i(\cdot, s)$ satisfies

$$(3.22) \quad 2\Delta_{g_i(s)} f_i - |\nabla_{g_i(s)} f_i|^2 + R_i + \frac{f_i - n}{\alpha_i - s} = \frac{\mu(g_i(s), \alpha_i - s)}{\alpha_i - s}.$$

In terms of $\phi_i(x, s) = e^{-f_i(x, s)/2}$ this is equivalent to

$$(3.23) \quad -4\Delta_{g_i(s)}\phi_i(s) + R(g_i(s))\phi_i(s) = \frac{2\phi_i(s) \log \phi_i(s)}{\alpha_i - s} + \frac{(\mu(g_i(s), \alpha_i - s) + n)\phi_i(s)}{\alpha_i - s},$$

with

$$(3.24) \quad \int_M (\phi_i(s))^2 d\text{vol}_{g_i(s)} = (4\pi(\alpha_i - s))^{n/2}.$$

In what follows, we fix $s = 0$. Define $\tilde{\phi}_i(\cdot) := \frac{\phi_i(\cdot, 0)}{\beta_i}$, where

$$(3.25) \quad \beta_i := \max_M (\phi_i(x, 0) + |\nabla_{g_i(0)}\phi_i(x, 0)|).$$

This choice of β_i gives us uniform C^1 estimates for $\tilde{\phi}_i$ on M . Thus, we can apply L^p theory to get uniform $C^{1,\alpha}$ estimates for $\tilde{\phi}_i$ on compact sets around the points where the maxima in (3.25) are achieved. To be more precise, we proceed as follows.

Take $q_i \in M$ at which this maximum in (3.25) has been achieved and denote also by $(M_\infty, g_\infty(t), q)$ the smooth pointed Cheeger-Gromov limit of the rescaled sequence of metrics $(M, g_i(t), q_i)$, defined as above. Lemma 3.1, Theorem 3.1 and standard elliptic L^p estimates applied to (3.23) yield the estimates on β_i in terms of the $W^{1,2}$ norm of ϕ_i , with respect to metric $g_i(0)$, that is, there exists a uniform constant C so that for all i , $\beta_i \leq C\alpha_i^{n/4}$, which implies

$$(3.26) \quad \log \beta_i \leq C_2 \log \alpha_i + C_2,$$

for some uniform constants C_1 and C_2 . This can be proved the same way we obtained (3.20) in Theorem 1.2. After dividing (3.23) by β_i we get

$$(3.27) \quad -4\Delta_{g_i(0)}\tilde{\phi}_i + R(g_i(0))\tilde{\phi}_i = 2\tilde{\phi}_i \cdot \frac{\log \tilde{\phi}_i + \log \beta_i}{\alpha_i} + \frac{(\mu(g(t_i), T - t_i) + n)\tilde{\phi}_i}{\alpha_i}.$$

Since $(M, g_i(t), q_i)$ converges in the pointed Cheeger-Gromov sense to $(M_\infty, g_\infty(t), q)$, and $\|\tilde{\phi}_i\|_{C^1(M, g_i(0))}$ is uniformly bounded, we can get uniform $C^{1,\alpha}$ estimates for $\tilde{\phi}_i$ on compact sets around points q_i . By Arzela-Ascoli theorem $\tilde{\phi}_i$ converges uniformly in the C^1 norm on compact sets around points q_i to a smooth function $\tilde{\phi}_\infty$. We will show below that $\tilde{\phi}_\infty(\cdot)$ is a positive constant.

Indeed, if we apply the maximum principle to (3.22), similarly as in the proof of Theorem 1.2, we obtain $\min_M f_i(\cdot, 0) \leq C$, for a uniform constant C . This implies $\log \beta_i \geq -C_1$ for a uniform constant C_1 . In particular, there is a uniform constant $\delta > 0$ such that for all i , one has

$$(3.28) \quad \beta_i \geq \delta > 0.$$

This together with (3.26) and the $\lim_{i \rightarrow \infty} \alpha_i = \infty$ implies

$$(3.29) \quad \lim_{i \rightarrow \infty} \frac{\log \beta_i}{\alpha_i} = 0.$$

If we multiply (3.27) by any cut off function $\eta_i = \psi_i^* \eta$ (where η is any cut off function on M_∞ and ψ_i is a sequence of diffeomorphisms from the definition of Cheeger Gromov convergence) and integrate by parts we get

$$4 \int_M \nabla \tilde{\phi}_i \nabla \eta_i \, dvol_{g_i(0)} = - \int_M R(g_i(0)) \tilde{\phi}_i \eta_i \, dvol_{g_i(0)} \\ + 2 \int_M \eta_i \tilde{\phi}_i \cdot \frac{\log \tilde{\phi}_i + \log \beta_i}{\alpha_i} \, dvol_{g_i(0)} - \frac{\mu(g(t_i), T - t_i) + n}{\alpha_i} \int_M \eta_i \tilde{\phi}_i \, dvol_{g_i(0)}.$$

If we let $i \rightarrow \infty$ in the previous identity, using (3.29), the $\lim_{i \rightarrow \infty} \alpha_i = \infty$, $R(g_i(0)) \rightarrow 0$ uniformly on compact sets, $\tilde{\phi}_i \xrightarrow{C^1} \tilde{\phi}_\infty$, and uniform bounds on $\mu(g(t), T - t)$ we obtain

$$\int_M \nabla \tilde{\phi}_\infty \nabla \eta \, dvol_{g_\infty(0)} = 0.$$

This means $\Delta \tilde{\phi}_\infty = 0$ in the distributional sense. By Weyl's theorem, $\tilde{\phi}_\infty$ is a harmonic function on M_∞ . Since $(M_\infty, g_\infty(0))$ is a complete, Ricci flat manifold and $\phi_\infty \geq 0$, by the theorem of Yau [28], $\tilde{\phi}_\infty = C_\infty$ is a constant function on M_∞ . At the same time, from the definition of $\tilde{\phi}_i$, we get, for x in compact sets around points q_i

$$(3.30) \quad 1 = \lim_{i \rightarrow \infty} \left(\tilde{\phi}_i(x) + \left| \nabla_{g_i(0)} \tilde{\phi}_i(x) \right| \right) = \tilde{\phi}_\infty(x) + \left| \nabla_{g_\infty(0)} \tilde{\phi}_\infty(x) \right| \equiv C_\infty.$$

This implies, in particular $C_\infty \equiv 1 > 0$.

□

4. INTEGRAL BOUNDS ON SCALAR CURVATURE

In this section we will prove Theorem 1.4 and Theorem 1.5. Observe that Theorem 1.1 is a special case of Theorem 1.4 when $\alpha = \infty$ in the case we deal with type I singularities only. A crucial ingredient in our arguments is the following result.

Theorem 4.1. (*Enders-Müller-Topping, Theorem 1.4 [6]*) *Let $g(t)$ be the solution to a Type I Ricci flow (1.1) on $[0, T)$ and suppose that the flow develops a Type I singularity at T . Then for every sequence $\lambda_j \rightarrow \infty$, the rescaled Ricci flows $(M, g_j(t))$ defined on $[-\lambda_j T, 0)$ by $g_j(t) := \lambda_j g(T + \frac{t}{\lambda_j})$ subconverge, in the Cheeger-Gromov sense, to a normalized nontrivial gradient shrinking soliton in canonical form on $(-\infty, 0)$.*

Proof of Theorem 1.4. The proof is by contradiction. Assume the flow develops a type I singularity at $p \in M$ at $T < \infty$. Consider any sequence $\lambda_j \rightarrow \infty$ and define $g_j(t) := \lambda_j g(T + \frac{t}{\lambda_j})$ where $t \in [-\lambda_j T, 0)$. Then, by Theorem 4.1, the rescaled Ricci flows $(M, g_j(t), p)$ defined on $[-\lambda_j T, 0)$ subconverge, in the Cheeger-Gromov sense, to a normalized nontrivial gradient shrinking soliton $(M_\infty, g_\infty(t), p_\infty)$ in canonical form on $(-\infty, 0)$. Under the condition (1.3), one has

$$\int_M |R(g_j(t))|^\alpha \, dvol_{g_j(t)} = \frac{1}{\lambda_j^{\alpha-n/2}} \int_M \left| R(g(T + \frac{t}{\lambda_j})) \right|^\alpha \, dvol_{g(T + \frac{t}{\lambda_j})} \leq \frac{C_\alpha}{\lambda_j^{\alpha-n/2}} \rightarrow 0.$$

Thus our limiting solution $(M_\infty, g_\infty(t), p_\infty)$ is scalar flat. Arguing as in the proof of Theorem 1.1, we see that M_∞ is isometric to a standard Euclidean space \mathbb{R}^n . However, this contradicts the nontriviality of M_∞ . \square

Proof of Theorem 1.5. By Hölder inequality, it suffices to consider the case $\alpha = \frac{n+2}{2}$. Then our integral bound is invariant under the usual parabolic scaling of the Ricci flow.

The proof is by contradiction. Assume the flow develops a type I singularity at $p \in M$ at $T < \infty$. Consider any sequence $\lambda_j \rightarrow \infty$ and define $g_j(t) := \lambda_j g(T + \frac{t}{\lambda_j})$ where $t \in [-\lambda_j T, 0)$. Then, by Theorem 4.1, the rescaled Ricci flows $(M, g_j(t), p)$ defined on $[-\lambda_j T, 0)$ subconverge, in the Cheeger-Gromov sense, to a normalized nontrivial gradient shrinking soliton $(M_\infty, g_\infty(t), p_\infty)$ in canonical form on $(-\infty, 0)$. Observe that

$$\int_{-1}^0 \int_M |R(g_j(t))|^\alpha dvol_{g_j(t)} dt = \int_{T-\frac{1}{\lambda_j}}^T \int_M |R(g(s))|^\alpha dvol_{g(s)} ds$$

Since $\int_0^T \int_M |R(g(t))|^\alpha dvol_{g(t)} dt < \infty$, letting $j \rightarrow \infty$, we obtain

$$(4.1) \quad \int_{-1}^0 \int_{M_\infty} |R(g_\infty(t))|^\alpha dvol_{g_\infty(t)} dt \leq \lim_{j \rightarrow \infty} \int_{T-\frac{1}{\lambda_j}}^T \int_M |R(g(s))|^\alpha dvol_{g(s)} ds = 0,$$

which implies $R(g_\infty(t)) \equiv 0$ on M_∞ , for $t \in [-1, 0]$. Thus our limiting solution $(M_\infty, g_\infty(t))$ is scalar flat. Arguing as in the proof of Theorem 1.1, we see that M_∞ is isometric to a standard Euclidean space \mathbb{R}^n . However, this contradicts the nontriviality of M_∞ . \square

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